

GET IN TOUCH NOW

We understand the importance of open communication and value the opportunity to connect with you.

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This is an Optimae LifeServices program. Optimae offers comprehensive customer driven services that encourage choice, empowerment and community integration.



At your side. On your side.



Optimae LifeServices

Transitional Age Youth Program

**TAY | AT YOUR SIDE.
ON YOUR SIDE.**

The goal of the TAY program is to set up transitional age youth to be successful by learning life-related soft skills, and helping transitional age youth to be active participants in society.

ABOUT OPTIMAE'S TAY PROGRAM

In May of 2023 Optimae LifeServices opened the first of several Transitional Age Youth (TAY) program community-based residential home. This program offers comprehensive services to individuals ages 15-20 with serious and persistent mental illness and/or intellectual disabilities. Meeting the needs of a currently under-served population, the TAY program tailors services to this unique group. The ability to individualize services to this demographic will set the groundwork for these individuals to lead more independent lives in the future and become productive members of their communities.

THE NEED

Optimae realized the need for a Transitional Age Youth Program when The Iowa Department of Health and Human Services (DHHS) and multiple Medicaid Managed Care Organizations (MCO's) communicated with providers that this population was underserved.

THE TEAM

- **Youth Support Specialist**
- **Team Leads**
- **Service Coordinators**
- **Board-Certified Behavior Analyst**
Determines if TAY is the right fit and works to create an individualized support plan
- **Registered Behavior Technician**
Implements and modifies individualized support plan



SERVICES

- **Habilitation**
- **Supported Employment**
- **Medication Management**
- **Occupational Therapy/ Rehabilitation**
- **Therapy**
- **Behavioral Health Intervention Services (BHIS)**
Coming 2024
- **Applied Behavior Analysis (ABA)**
Coming 2025