

## 1527 ALBIA ROAD, OTTUMWA **STAFFED 24 HOURS A DAY** WALK INS WELCOME 641-682-8772

PHONE ANSWERED 24 HOURS A DAY

# Any age Voluntarily wanting to receive mental health services, needing short term crisis intervention for up to 5 days

- Willing for Crisis Staff to provide 1 hour of services in the home daily
- Not under the influence of drugs/alcohol



5 days

Medically stable and able to

Minimally under the influ-

ence of drugs/alcohol

Any emergent situation please call

911 or take the patient to the

nearest ER setting.

provide self cares

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needed

Provide a 24 hour follow up

to assure crisis has resolved

and connection to services

has been made

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# **Community Stabilization**

Any age Voluntarily wanting to . receive mental health services, needing short term crisis intervention for Will provide onsite counselup to 5 days ing and connection to Mental Health resources/services as •

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Southern Iowa Mental Health Center Nors recover Nuccess	Mental Health Crisis Services
Take to Access center	Mobile Crisis Response
• 18 or older	• Any age
<ul> <li>Voluntarily presenting in a mental health crisis, need- ing short term residential crisis intervention for up to 5 days</li> <li>Medically stable and able to provide self cares</li> </ul>	<ul> <li>Voluntarily wanting a crisis Counselor to meet on site in a community or home setting</li> <li>Will provide onsite counsel- ing and connection to Mental Health resources/services as needed</li> </ul>
Minimally under the influ- ence of drugs/alcohol	Provide a 24 hour follow up to assure crisis has resolved and connection to censice.

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- NW/ Southern Iowa Mental Health Center MENTAL HEALTH 93039 AGENCY OF SOUTHEAST IOWA Take to Access center 18 or older Any age Voluntarily presenting in a • . mental health crisis, needing short term residential crisis intervention for up to 5 days ٠ Medically stable and able to provide self cares needed • .
- Any emergent situation please call 911 or take the patient to the nearest ER setting.

# Services

- a community or home setting
- Health resources/services as
- and connection to services has been made
- Not under the influence of

Minimally under the influence of drugs/alcohol

# Mental Health Crisis

# Mobile Crisis Response

- Voluntarily wanting a crisis Counselor to meet on site in
- Will provide onsite counseling and connection to Mental
- Provide a 24 hour follow up to assure crisis has resolved

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# Helpful Resources

# 988-Suicide/Crisis Lifeline-Text or Call

National Suicide Hot Line: 1-800-273-TALK (8255) Your Life Iowa: 1-800-581-8111

Southern Iowa Mental Health Center Crisis Line: 1527 Albia Road. Ottumwa. 1-844-430-8520

Foundation 2 Warm Line: 1-844-775-9276

Main MHASEI Region Ottumwa Office: 110 East Main Street. Ottumwa. 641-683-4576 MHASEI Region Centerville Office: 209 East Jackson Street. Centerville. 641-856-2085 MHASEI Region Oskaloosa Office: 301 Ist Avenue East. Oskaloosa. 641-673-0410 MHASEI Region Bloomfield Office: 712 S West Street. Bloomfield. 641-664-1993

Homeless Shelters:

Central Iowa Shelter (Men & Women): 1420 Mulberry Street. Des Moines. 515-284-5719 Bethel Mission (Men Only): 1310 6th Avenue. Des Moines. 515-244-5445 Iowa Homeless Youth Center: 612 Locust Street. Des Moines. 515-883-2379 First Recourses Oak Meadow: Substance Abuse Treatment: 2642 Oak Meadow Drive. Ottumwa. 641-954-8925

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