



Mental Health Crisis Services

1527 ALBIA ROAD, OTTUMWA.
STAFFED 24 HOURS A DAY
WALK INS WELCOME
641-682-8772
PHONE ANSWERED 24 HOURS A DAY

Take to Access center

- 18 or older
- Voluntarily presenting in a mental health crisis, needing short term residential crisis intervention for up to 5 days
- Medically stable and able to provide self cares
- Minimally under the influence of drugs/alcohol

Any emergent situation please call 911 or take the patient to the nearest ER setting.

Mobile Crisis Response

- Any age
- Voluntarily wanting a crisis Counselor to meet on site in a community or home setting
- Will provide onsite counseling and connection to Mental Health resources/services as needed
- Provide a 24 hour follow up to assure crisis has resolved and connection to services has been made

Community Stabilization

- Any age
- Voluntarily wanting to receive mental health services, needing short term crisis intervention for up to 5 days
- Willing for Crisis Staff to provide 1 hour of services in the home daily
- Not under the influence of drugs/alcohol



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Helpful Resources:

988-Suicide/Crisis Lifeline-Text or Call

National Suicide Hot Line: 1-800-273-TALK (8255)

Your Life Iowa: 1-800-581-8111

Southern Iowa Mental Health Center Crisis Line: 1527 Albia Road, Ottumwa. 1-844-430-8520

Foundation 2 Warm Line: 1-844-775-9276

Main MHASEI Region Ottumwa Office: 110 East Main Street, Ottumwa. 641-683-4576

MHASEI Region Centerville Office: 209 East Jackson Street, Centerville. 641-856-2085

MHASEI Region Oskaloosa Office: 301 1st Avenue East, Oskaloosa. 641-673-0410

MHASEI Region Bloomfield Office: 712 S West Street, Bloomfield. 641-664-1993

Homeless Shelters:

Central Iowa Shelter (Men & Women): 1420 Mulberry Street, Des Moines. 515-284-5719

Bethel Mission (Men Only): 1310 6th Avenue, Des Moines. 515-244-5445

Iowa Homeless Youth Center: 612 Locust Street, Des Moines. 515-883-2379

First Recourses Oak Meadow: Substance Abuse Treatment: 2642 Oak Meadow Drive, Ottumwa. 641-954-8925

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