



Ways to Help Picky Eaters and Their Families

Thursday, March 16, 2023 12:00pm-1:00pm

Linda Cooper-Brown, PhD

Clinical Professor of Pediatrics, Clinical Psychology Director
University of Iowa Division of Developmental and Behavioral Pediatrics



After participating in this activity, learners should be able to:

- ✓ Identify the role of environment and early experiences on food choices.
- ✓ Identify at least one strategy you can recommend to improve eating and help families survive pickiness.
- ✓ Identify resources to help the picky eater and their family.

To register -https://uiowa.zoom.us/webinar/register/WN_z8H-T9IyTVWoqSPK7sy2Ig

Continuing Education

Certificates: Certificates will be available to all attendees who attend the entire webinar and complete a post-conference evaluation. A link and instructions will be provided during the webinar. Certificates will not be mailed.



Accreditation: In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Available Credit Types for this Activity:

Physicians: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: Iowa nurses may use certificates of participation in ACCME-accredited education toward their CE requirement for licensure. Please review the Iowa Board of Nursing's website for more information.

Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

This session is presented in association with the Iowa Pediatric Mental Health Collaborative.

Statement of Purpose: To provide education on common pediatric mental health conditions such as ADHD, depression and anxiety. We will also offer education on the topic of COVID-19 and the impact on pediatric populations, including mental health.

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