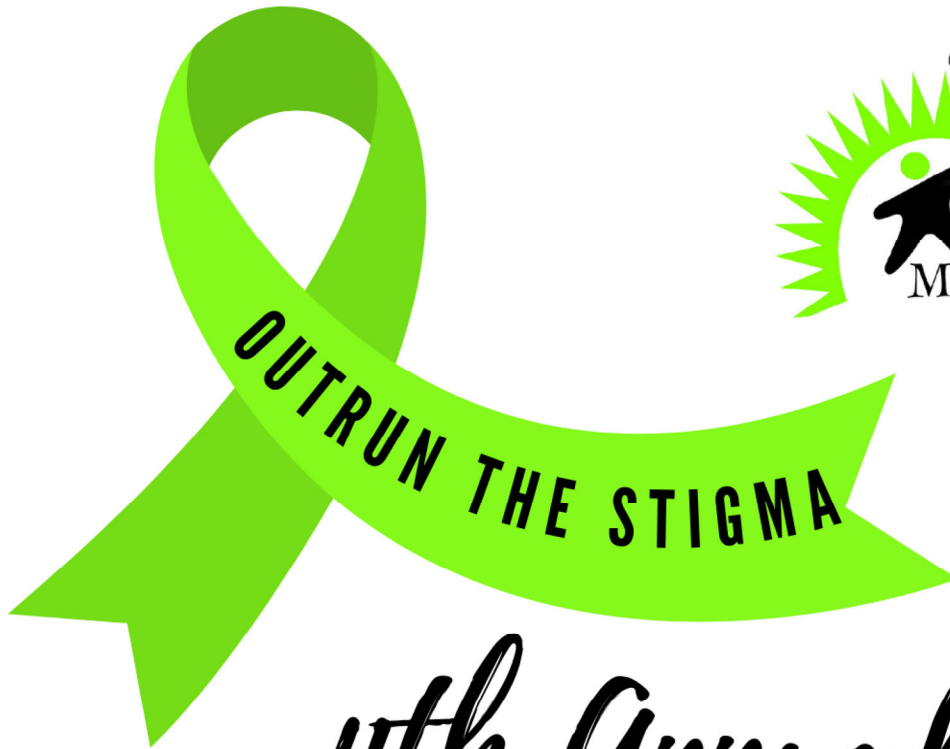


Sponsored by:



Southern Iowa
Mental Health Center
Where recovery happens



4th Annual 5K

Join the fun and celebrate mental health awareness on Saturday, October 8th @ 10:00 AM!

Race will start and end at Jimmy Jones Shelter, 1 Joe Lord Dr.

Registration fee: \$20 in person or \$25 virtual

Race day packet pickup @ 9:00 AM

Register at

Follow our Facebook page for event updates!

